



SafeTALK Training

Wednesday, September 24, 2014

6:00p.m. - 9:00p.m.

Oil Heritage District Community Centre

Cost: FREE

Ages: Anyone over the age of 15yrs.

Imagine....A Suicide-Safer Community...

Focus: Training in suicide alertness

(Participants will receive SafeTALK Manual & Certificate upon Completion)

**Please register by September 19, 2014 by calling
Central Lambton Family Health Team: 519- 882-2552**

<http://www.livingworks.net/programs/safetalk/>

SafeTALK prepares helpers to identify persons with thoughts of suicide and connect them to suicide first aid resources. Most people with thoughts of suicide, either directly or indirectly, invite help to stay safe.

Training will be provided through the Sarnia Lambton Suicide Prevention Committee.

Special thanks to:

- Debb Pitel from Bits 'N Buckles Western Store, Petrolia for covering the cost of manuals through her fundraising efforts
- Oil Heritage District Community Centre for providing space

 **Central Lambton**
Family Health Team

Learn how to help those whose cries for



help may be otherwise unheard!

